

A man wearing a patterned bucket hat, sunglasses, a green t-shirt, and white shorts is juggling two yellow tennis balls on a tennis court. He is holding a black tennis racket in his left hand. In the background, there is a green chain-link fence and a black metal cart filled with many yellow tennis balls.

BAYWOOD



Racquet Club

Join a great tennis journey
at Baywood Racquet Club

New Exciting Fall '25 Adult Program Schedule

/ PROGRAM DESCRIPTIONS /

Fast Feeds

An exciting program that is pro fed, where you hit lots of balls, work on situational point play, is live ball oriented, simulates match play situations. Throw in some excellent coaching & some music, and you won't want it to end!

- **Maximum of 8**
- **Sign ups online**
- **Level specific**
- **1.5 hours**
- **Cost is: \$30 per class**

Ladies Clinics/Men's Clinics

These clinics offer top notch coaching, technique work, doubles themes, live ball point play to develop good habits, doubles play to incorporate what you worked on that day, tactics and much more.

- **4-6 per court**
- **Sign ups online**
- **Level specific**
- **1.5 hours**
- **Cost is: \$30 per clinic**



USTA Team Practices

These practices are excellent opportunities to prepare your team for their weekly matches. Each practice includes a hitting warm up, work on a theme for the day ("poaching", serve & volley, consistency, communication, and much more...) with high level coaching, serve & return work and doubles play to incorporate what you worked on. Arranged on a team-by-team basis

- **4-5 per court**
- **1.5 hours**
- **Cost is: \$35 per practice**

Grand Slam Monday

This top-notch program breaks down your doubles play to specific areas each week. All doubles tactics & strategy themes, technique work, doubles movement & skills, mental toughness, footwork, developing gameplan and so much more.

- **4-6 per court**
- **Sign up online**
- **1.5 hours**
- **Cost is: \$30 per practice**



/ PROGRAM DESCRIPTIONS /

Stroke of the Week Clinic

This program has a specific stroke emphasized each week. Technical work, fed ball drilling, live ball and point play are incorporated to allow you to work on a specific part of your game.

- **4-6 per court**
- **Sign up online**
- **Level specific**
- **1.5 hours**
- **Cost is: \$30 per practice**

Beyond the Basics

This program is for the 2.5 player wanting to take their game to the next level. Doubles stroke work, strategy/tactics, technical work, mental toughness and consistency are all a part of this exciting program.

- **4-6 per court**
- **Sign up online**
- **Level specific**
- **1.5 hours**
- **Cost is: \$30 per practice**

Special Events

We will have monthly events & mixers to play some great tennis, engage with fellow members, and have a great social time. Example themes will be: "Breakfast at Wimbledon", Halloween Mixer, Davis Cup/Billie Jean Cup, Corks & Courts (wine themed tennis social), US Open Mixer, etc. Please keep an eye on your inbox and social media accounts for the specifics.



/ WEEKLY TIMETABLES /

BAYWOOD
2025

mon

tue

wed

thur

fri

9.00

Stroke of the Week
Clinic

Dynamic
Doubles

Women's 4.0
Clinic

Fast Feed
(All levels)

9.30

Stroke of the Week
Clinic

Dynamic
Doubles

Women's 4.0
Clinic

Fast Feed
(All levels)

10.00

Stroke of the Week
Clinic

Dynamic
Doubles

Women's 4.0
Clinic

Fast Feed
(All levels)

10.30

Grand Slam
Monday

Beyond the Basics
Clinic

Fast Feed
(2.5-3.5)

11.00

Grand Slam
Monday

Beyond the Basics
Clinic

Fast Feed
(2.5-3.5)

11.30

Grand Slam
Monday

Beyond the Basics
Clinic

Fast Feed
(2.5-3.5)

12.00

17.00

17.30

18.00

Evening Women's
Pro Clinic)
with Coach Kevin

18.30

Evening Women's
Pro Clinic
with Coach Kevin

19.00

Evening Women's
Pro Clinic
with Coach Kevin

19.30

20.00



/ WHY THE BAYWOOD PROGRAM? /

Baywood Racquet Club Adult Program is created and run by Kevin Brandalik, Director of Tennis/Head Teaching Professional. Kevin is a 35+ year professional who has directed some of the top clubs on the east coast. He is a High-Performance Coach who has coached numerous top juniors, college players and coached on the Women's Professional Tour (WTA). He has coached high performance players in Virginia, North Carolina, Florida, Cincinnati and Kentucky.

Along with his wealth of experience Kevin's qualifications include:

- USTA High Performance Coach
- USPTA Elite Professional
- Former President of the USPTA/North Carolina
- USPTA North Carolina Pro of the year (twice!)
- USPTA Virginia Pro of the year
- USPTA Ohio Pro of the year
- USPTA Midwest Junior Coach of the year
- Charlotte area pro of the year

Kevin has been a featured speaker at various major events:

- USPTA/North Carolina Annual Workshop
- USPTA/Southern Convention
- USPTA/Midwest Convention
- USPTA/Tennessee Summer Convention
- USPTA/Mid Atlantic Convention
- Ohio State High School Coaches Conference

Please contact Kevin to discuss any aspect of Baywood Racquet Club.

